SABBATH AFTERNOON


Memory Text: “By faith he forsook Egypt, not fearing the wrath of the king; for he endured as seeing Him who is invisible” (Hebrews 11:27, NKJV).

The definition of faith in the book of Hebrews is always challenging. “Now faith is being sure of what we hope for and certain of what we do not see” (Heb. 11:1, NIV). How can we be sure about what we do not see? Yet, this is exactly what Moses illustrates in our memory text: “He persevered because he saw him who is invisible” (vs. 27, NIV).

It is even more challenging to realize that we are called to see “him who is invisible” not simply when times are good but especially when everything is going wrong. For this we need faith, a Christlike faith that must be shaped by the truth about God and God’s kingdom. The truth about our Father’s goodness, the power in the name of Jesus, the power of the resurrection, and the compassion of God are essential truths that will enable us to stand strong when we are in the crucible and may be tempted to doubt everything.

The Week at a Glance: What truths about God can help sustain us through even the worst situations?

*Study this week’s lesson to prepare for Sabbath, November 24.
Our Father’s Extravagance

“If God really loved me, He would certainly do _______ _______ for me!” I wonder how many times that thought has flickered through our minds. We look at our circumstances and then begin to wonder whether God really loves us, because if He really did, things would be different.

There are two rationales that often lead us to doubt God’s goodness. First, when we have a burning desire in our hearts and minds for something that we believe is good, the idea that God might want something different for us may seem ridiculous. Second, we may doubt God’s goodness because our experience clashes with what we believe. If something looks good or feels good or sounds good or tastes good, then it must be good. And so we get angry with God when we can’t have it.

This is where faith comes into play. Faith comes into action precisely at those times we are tempted to doubt God and His goodness.

Romans 8:28–39 is a powerful passage that describes the goodness of God toward us. What reasons can you find in the text that can guard our minds against doubting God’s goodness?

In verse 32 there is an important piece of logic that is extremely helpful in guarding us from becoming overwhelmed by our circumstances. “If God didn’t hesitate to put everything on the line for us, embracing our condition and exposing himself to the worst by sending his own Son, is there anything else he wouldn’t gladly and freely do for us?” (The Message). How could we possibly think that God would send Jesus to die for us and then turn mean and stingy?

This means that the truth of God’s generosity to us, seen in the death of Christ, must have a stronger impact in our thinking than all of the doubts that the crucible may generate inside us.

How is it possible for a truth (God’s goodness) to have a more powerful effect on you than your doubts? Spend some time meditating on the truth that God has given Jesus to die in your place and that this incredible generosity continues in a thousand different ways for you today. What does this do for your faith?
In the Name of Jesus

“‘If you ask anything in My name, I will do it’” (John 14:14, NKJV).

Jesus was not going to be with the disciples much longer. The One who had been their support and encouragement was going to heaven, and the disciples were beginning to feel confused and powerless. But although the disciples would not be able to physically see Him any longer, Jesus gave them a remarkable promise.

Read John 14:1–14. According to verses 13 and 14, Jesus promises to do for us “anything” that we ask in His name. Because of this, we almost always add onto the end of our prayers, “In Jesus’ name, amen.”

**When** we say this, what do we normally think it means? What does Jesus mean when He encourages us to pray like this? What clues are there in these verses that help us to understand the point He’s making?

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When our request is “in the name of Jesus,” we can be certain that the whole machinery of heaven is at work on our behalf. We may not see the angels working all around us. But they are—sent from the throne of heaven in the name of Jesus, to fulfill our requests.

Sometimes when we pray in the name of Jesus, we open our eyes and expect everything to be different around us—but it all looks the same. However, while the power of God may come with dramatic effect, as when Jesus calmed the storm, it may also come in quietness, unnoticed, as when the power of God sustained Jesus in Gethsemane. Something dramatic may not suddenly happen, but that doesn’t mean that God is not at work for us.

Read again John 14:1–14. As you read, imagine that Jesus is talking directly to you, face to face. What hope and encouragement can you draw from these promises? At the same time, ask yourself, “What things in my life could be standing in the way of having these promises fulfilled for me? What changes must I purpose in my heart to do?”
The Power of the Resurrection

The Resurrection addresses the problem of human powerlessness. When we think about the life, death, and resurrection of Jesus, we often think about how the death of Jesus was the event that made us legally right with God. And that is, of course, true.

However, the Resurrection adds a specific dimension to salvation. The resurrection of Jesus is meaningful not just because it shows us that one day we will be resurrected, as well. The Resurrection placed Jesus at the right hand of the Father in a position of power and authority. This resurrection power is the same power that God makes available for us today!

In Ephesians 1:18–23, Paul talks about the power of God. What does this text teach us about the power of the Resurrection? What hope and promises for yourself can you find in these verses?

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Paul is praying that the Ephesians understand a few things that can be understood properly only with divine help: (1) that there is the hope of transformation and an eternal future to which Jesus has called us; (2) that we understand the power that was manifested in our behalf.

Paul then tries to describe how astonishing this power is. The power that is available to us today is the same power that resurrected Jesus not just out of the ground and back to life but to the place of power at the Father’s right hand.

But Paul doesn’t stop there. The Resurrection didn’t simply give Jesus just any sort of power but the power to rule and provide every possible thing His people could ever need—for all eternity!

Make a list of the areas in your life where you need the power of the resurrected Jesus. When you have finished, pray that this power will be applied to all these areas of need. At the same time, what can you do better, what choices can you make, that can allow this power to work more freely in your life?

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To Carry All Our Worry

There is a plaque that some people have in their homes that reads “Why pray when you can worry?” It makes us laugh because we know how often we worry rather than come to God and give Him our concerns.

Someone once said that when our life becomes all tied up, give it to God and let Him untie the knots. How God must long to do this for us. Yet, amazingly we manage to hang on to our problems until we are about to snap. Why do we wait until we are desperate before we go to the Lord?

Read 1 Peter 5:7. Peter is quoting Psalm 55:22. What’s the basic message here for us? See also Matt. 6:25–33.

It is a very simple text. There is no secret hidden in it, and it means exactly what it says. To cast means to do just that, to throw, to give away, so that what is causing the aching and the concern no longer has any connection to you. But, of course, our burdens are not just thrown anywhere. Our worry does not disappear into a void. It is given to our Father in heaven, who promises to sort it out. That’s what Jesus is telling us in the verses in Matthew. The problem in doing this is not that it’s hard; rather, it’s that it just seems too easy, too good to be true.

Anxiety is caused by all sorts of reasons. It could be pressure from work. Unexpected criticism. Feeling that we are unwanted or unloved. Health or financial worries. Feeling that we are not good enough for God. Believing that we are not forgiven.

Whatever they are, one reason why we hang on to our problems is that we think we can sort them out better than anyone else. But Peter urges us to reconsider any such idea. The reason we don’t have to worry is that God cares. But does God still care enough to intervene when a divorce is looming or we feel totally useless? The Bible says that He cares enough to transform any situation.

What are things that cause you worry now? However legitimate they are, however troublesome they are, is there anything too hard for the Lord? Maybe our biggest problem is that even though we believe that God knows about it and can fix it, we don’t believe that He will resolve it the way we would like it resolved. Dwell on that last point and ask yourself how true it is in your own life.
Still Faithful When God Cannot Be Seen

To think that no one cares about what is happening to us is very unpleasant. But to think that God does not know or care about us can be most distressing.

To the Judeans exiled in Babylon, God did not seem to care much about their situation. They were still exiled, still feeling abandoned by God because of their sin. But Isaiah speaks words of comfort to them. Isaiah 40 is a beautiful passage in which Isaiah speaks so tenderly to the people about their God: “He tends his flock like a shepherd: he gathers the lambs in his arms and carries them close to his heart; he gently leads those that have young” (vs. 11, NIV). But after so long, the exiles were thinking, Where are You, O Lord? We can’t see any evidence that You are still there—or care!

Read Isaiah 40:27–31. In what ways does Isaiah describe God? How is this description of God meant to answer their belief that “‘My way is hidden from the Lord; my cause is disregarded by my God?’” (vs. 27, NIV).

Another group of people who might have considered that their way was hidden from God is found in the book of Esther. In this book, God is not mentioned even once. However, the whole story is an unfolding drama of God’s intervention to save His people from an irrevocable law to have them destroyed. Not only does this story describe the events of the past, but it symbolizes a time in the future during which God’s people will again be persecuted and a law again introduced for their destruction (Rev. 13:15). Can you imagine how easy it would be to conclude that if such terrible circumstances were existing, God must surely have deserted His people? But we are not to fear. The same God who saved His chosen ones in the story of Esther will save them again in the final crisis.

We have read how Isaiah described God to the exiles. How would you describe God to people who felt that God had disappeared and abandoned them? How would you teach them to see through the eyes of faith and not be dependent on what they see around them with their human eyes?

“Has not God said He would give the Holy Spirit to them that ask Him? And is not this Spirit a real, true actual guide? Some men seem afraid to take God at His word, as though it would be presumption in them. They pray for the Lord to teach us and yet are afraid to credit the pledged word of God and believe we have been taught of Him. So long as we come to our heavenly Father humbly and with a spirit to be taught, willing and anxious to learn, why should we doubt God’s fulfillment of His own promise? You must not for a moment doubt Him and dishonor Him thereby. When you have sought to know His will, your part in the operation with God is to believe that you will be led and guided and blessed in the doing of His will. We may mistrust ourselves lest we misinterpret His teachings, but make even this a subject of prayer, and trust Him, still trust Him to the uttermost, that His Holy Spirit will lead you to interpret aright His plans and the working of His providence.”—Ellen G. White, Manuscript Releases, vol. 6, p. 225.

“Faith grows strong by coming in conflict with doubts and opposing influences. The experience gained in these trials is of more value than the most costly jewels.”—Ellen G. White, Testimonies for the Church, vol. 3, p. 555.

Discussion Questions:

1. As a class, talk about the kinds of things we believe in that we do not see, things that we know are real yet are beyond our sight. How can this help us understand what it means to see “Him who is invisible”?

2. Discuss the final question found at the end of Wednesday’s lesson. How often do we find ourselves in that situation? What can we do that will better enable us to trust that the Lord’s way is the best, even if it’s not what we want?

3. If “faith grows strong by coming in conflict with doubts and opposing influences” and this leads to something extremely valuable—“of more value than the most costly jewels”—how should this shape the way we look at such conflicts?
Faithful Above All
by Jean René Si Si

It is difficult being the only Adventist in my family, but God has gently showed me how to honor His holy commandments, especially the Sabbath.

I am studying in a technical school in Cameroon, and some of the tests fell on Sabbaths. The teachers gave me a zero for missed exams. Then one of our final exams was scheduled for Sabbath. I knew if I missed that exam I would have to take the entire year over. But I was determined to honor God’s Sabbath.

I did not tell my parents about the Sabbath exam, but my classmates knew. And when I did not come for the exam, they went to my house to find out where I was. When my parents learned that I had skipped an exam and would have to take the year over, they were upset.

I repeated the entire year of school, and exams again fell on Sabbath. My teachers and principal asked me if I would sit for the exam that year, and I told them that I would not take any exam on Sabbath. I would trust in God to help me, and if I failed again, so be it. One teacher rescheduled his exams for another day, but other teachers asked, “How can religion be so important as to jeopardize your future?” I told them I trusted that God would work out the details so that I could pass the course.

The second year one of the final exams was scheduled for Sabbath. I felt pressure to take the exam, so on Sabbath morning I hurried out of town so that I would not be tempted to take the exam.

When the exam results were posted, I did not want to look at the results, for surely I had failed. But the school called me in for another reason, and I heard that I had passed. I was amazed! Even the teacher was amazed and asked how I could have passed when I had not taken two of the exams. I told the teacher that God had done it.

“Your God is very powerful,” the teacher confided. “In all my years of teaching I have never seen such a thing happen.”

My parents are not yet interested in how God is blessing me, but my brother and sisters are. My brother has taken his stand for God, and two of my sisters are studying the Bible with me.

I praise God for helping me remain faithful in difficult times.

Your mission offerings teach young people how to remain faithful to God in difficult times. Thank you for your faithfulness.

Jean René Si Si lives in Yaoundé, Cameroon.