Sabbath Afternoon


Memory Text: “The law was given by Moses, but grace and truth came by Jesus Christ” (John 1:17).

The first converts to Christianity were all Jews, and the New Testament gives no indication that they were asked to drop the practice of circumcision or to ignore the Jewish festivals. But when the Gentiles began to accept Christianity, important questions arose. Should the Gentiles submit to circumcision? To what extent should they keep other Jewish laws? Finally, a council was called at Jerusalem to settle the matter (see Acts 15).

Despite a firm decision by the council not to trouble the Gentiles with a host of regulations and laws, some teachers continued to plague the churches by insisting that Gentile converts to the faith were required to keep these rules and laws, including circumcision.

In some ways, these issues exist today, only in a different form. How often are we, as Seventh-day Adventists, accused of being Judaizers, or legalists, because of our adherence to the Ten Commandments (or, in actuality, our adherence to the Sabbath commandment)? How often do we hear that we are now under the New Covenant, and so the law (the Sabbath commandment) has been done away with?

On the other side, at times as a church we are confronted with those who would like to impose more Old Testament rules and regulations on us, as well.

Hence, Romans certainly has an important message for us today, as it did for the Roman church back then.

*Study this week’s lesson to prepare for Sabbath, July 10.
Better Promises

Read Hebrews 8:6. What is the message here? How do we understand what these “better promises” are?

Perhaps the greatest difference between the religion of the Old Testament and that of the New is the fact that the New Testament era was introduced by the coming of the Messiah, Jesus of Nazareth. He was sent by God to be the Savior. Men could not ignore Him and expect to be saved. Only through the atonement He provided could they have their sins forgiven. Only by the imputation of His perfect life could they stand before God without condemnation. In other words, salvation was through the righteousness of Jesus, and nothing else.

Old Testament saints looked forward to the blessings of the Messianic age and the promise of salvation. In New Testament times, the people were confronted with the question, Would they accept Jesus of Nazareth whom God had sent as the Messiah, their Savior? If they believed in Him—that is, if they accepted Him for who He truly was and committed themselves to Him—they would be saved through the righteousness that He offers them freely.

Meanwhile, the moral requirements remain unchanged in the New Testament, because these were founded in the character of God and of Christ. Obedience to God’s moral law is just as much a part of the New Covenant as of the Old.

Read Matthew 19:17; Revelation 12:17; 14:12; and James 2:10, 11. What do these texts tell us about the moral law in the New Testament?

At the same time, the entire body of ritual and ceremonial laws that were distinctly Israelite, that were distinctly tied to the Old Covenant, all of which pointed to Jesus and to His death and ministry as High Priest, were discontinued, and a new order was introduced, one based on “better promises.”

Helping both Jew and Gentile to understand what was involved in this transition from Judaism to Christianity was one of Paul’s principal aims in the book of Romans. It would take time to make the transition.

What are some of your favorite Bible promises? How often do you claim them? What choices are you making that can stand in the way of having these promises fulfilled in your life?
Jewish Laws and Regulations

As time allows, skim through the book of Leviticus. (See, for instance, Leviticus 12, 16, 23.) What thoughts come to your mind as you read all these rules and regulations and rituals? Why would many of these be all but impossible to follow in New Testament times?

It is convenient for us to classify Old Testament laws into various categories: (1) moral law, (2) ceremonial law, (3) civil law, (4) statutes and judgments, and (5) health laws.

This classification is, in part, artificial. In actuality, some of these categories are interrelated, and there is considerable overlap. The ancients did not see them as separate and distinct.

The moral law is summed up by the Ten Commandments (Exod. 20:1–17). This law sums up the moral requirements of humanity. These ten precepts are amplified and applied in various statutes and judgments throughout the first five books of the Bible. These amplifications show what it meant to keep the law of God in various situations. Not unrelated are the civil laws. These, too, are based on the moral law. These define a citizen’s relationship to civil authorities and to his or her fellow citizens. They name the penalties for various infractions.

The ceremonial law regulated the sanctuary ritual, describing the various offerings and the individual citizen’s responsibilities. The feast days are specified and their observance defined.

The health laws overlap the other laws. The various laws relating to uncleanness define ceremonial uncleanness, and yet go beyond this to include hygienic and health principles. Laws regarding clean and unclean meats are based on physical considerations.

While the Jew probably largely thought of all these laws as a package, having all come from God, he or she must have made certain distinctions mentally. The Ten Commandments had been spoken by God directly to the people. This would set them apart as especially important. The other laws had been relayed through Moses. The sanctuary ritual could be kept only while a sanctuary was in operation.

The civil laws, at least in large part, could no longer be imposed after the Jews lost their independence and came under the civil control of another nation. Many of the ceremonial precepts could no longer be observed after the temple was destroyed. Also, after the Messiah came, many of the types had met their antitypes and no longer had validity.
“What Must I Do to Be Saved?”

Read Acts 15:1. What issue was causing dissension? Why would some people believe that this wasn’t just for the Jewish nation? See Gen. 17:10.

While the apostles united with the ministers and lay members at Antioch in an earnest effort to win many souls to Christ, certain Jewish believers from Judaea “of the sect of the Pharisees” succeeded in introducing a question that soon led to widespread controversy in the church and brought consternation to the believing Gentiles. With great assurance these teachers asserted that in order to be saved, one must be circumcised and must keep the entire ceremonial law. The Jews, after all, always had prided themselves on their divinely appointed services, and many of those who had been converted to the faith of Christ still felt that since God had once clearly outlined the Hebrew manner of worship, it was improbable that He would ever authorize a change in any of its specifications. They insisted that the Jewish laws and ceremonies should be incorporated into the rites of the Christian religion. They were slow to discern that all the sacrificial offerings had but prefigured the death of the Son of God, in which type met antitype, and after which the rites and ceremonies of the Mosaic dispensation were no longer binding.

Read Acts 15:2–12. How was this dispute to be settled?

“WhatWhile looking to God for direct guidance, he [Paul] was ever ready to recognize the authority vested in the body of believers united in church fellowship. He felt the need of counsel, and when matters of importance arose, he was glad to lay these before the church and to unite with his brethren in seeking God for wisdom to make right decisions.”—Ellen G. White, The Acts of the Apostles, p. 200.

It’s interesting that Paul, who often talked about his prophetic calling and how Jesus had called him and gave him his mission, was so willing to work with the larger church body. That is, whatever his calling, he realized that he was part of the church as a whole and that he needed to work with it as much as possible.

What is your attitude toward church leadership? How cooperative are you? Why is cooperation so important? How could we function if everyone was doing only what he or she wanted, independent of the larger body?
“No Greater Burden”

**Read** Acts 15:5–29. What decision did the council come to, and what was its reasoning?

The decision was against the contentions of the Judaizers. These folk insisted that the Gentile converts be circumcised and keep the entire ceremonial law, and that “the Jewish laws and ceremonies should be incorporated into the rites of the Christian religion.”—Ellen G. White, *The Acts of the Apostles*, p. 189.

It’s interesting to note in verse 10 how Peter depicted these old laws as a “yoke” that they were unable to bear. Would the Lord, who instituted those laws, make them a yoke on His people? That hardly seems so. Instead, over the years some of the leaders had, through their oral traditions, turned many of the laws, which were meant to be blessings, into burdens. The council sought to spare Gentiles from these burdens.

Notice, too, that there was no mention or question of the Gentiles not needing to obey the Ten Commandments. After all, could we imagine the council telling them not to eat blood, but that it was acceptable to ignore the commandments against adultery or murder and the like?

**What** rules were placed on the Gentile believers (*Acts 15:20, 29*), and why these specific ones?

Although Jewish believers weren’t to impose their rules and traditions on Gentiles, the council wanted to make sure that the Gentiles didn’t do things that would have been deemed offensive to the Jews who were united with them in Jesus. The apostles and elders, therefore, agreed to instruct the Gentiles by letter to abstain from meats offered to idols, from fornication, from things strangled, and from blood. Some say that, because Sabbath keeping wasn’t specifically mentioned, it must not have been meant for the Gentiles (of course, the commandments against lying and murder weren’t specifically mentioned either, so that argument means nothing).

**Could we, in some ways, be laying burdens on people that are not necessary but are more from tradition than divine command? If so, how? Bring your thoughts to class on Sabbath.**
The Galatian Heresy

However clear the counsel, there were those who sought to go their own way and who continued to advocate that the Gentiles keep Jewish traditions and laws. For Paul, this became a very serious matter; that is, it wasn’t trifling over the fine points of faith. It had become a denial of the gospel of Christ itself.

**Read** Galatians 1:1–12. How serious does Paul see the issue he is confronting in Galatia? What should that tell us about how important this question is?

As stated before, the Galatian situation in large degree prompted the content of the letter to Rome. In the Epistle to the Romans, Paul further develops the theme of the Galatian epistle. The Judaizers were contending that the law God had given them through Moses was important and should be observed by Gentile converts. Paul was trying to show its true place and function. He didn’t want these people to gain a foothold in Rome as they had done in Galatia.

It is an oversimplification to ask whether in Galatians and Romans Paul is speaking of ceremonial or moral laws. Historically, the argument was whether or not Gentile converts should be required to be circumcised and keep the law of Moses. The Jerusalem council had already ruled on this question, but some refused to follow its decision. Some read in Paul’s letters to the Galatians and the Romans evidence that the moral law, the Ten Commandments (or, in truth, only the fourth commandment), is no longer binding on Christians. Yet, they are missing the point of the letters, missing the historical context and issues that Paul was addressing. Paul, as we’ll see, stressed that salvation was by faith alone and not by keeping the law, even the moral law—yet that isn’t the same thing as saying that the moral law shouldn’t be kept. Obedience to the Ten Commandments was never an issue; those who make it one are reading back into texts a contemporary issue, one that Paul wasn’t dealing with.

**How do you respond to those who claim the Sabbath is no longer binding upon Christians? How can you show the truth of the Sabbath in a way that complements the integrity of the gospel?**

“But if the Abrahamic covenant contained the promise of redemption, why was another covenant formed at Sinai? In their bondage the people had to a great extent lost the knowledge of God and of the principles of the Abrahamic covenant. . . .

“The people did not realize the sinfulness of their own hearts, and that without Christ it was impossible for them to keep God’s law; and they readily entered into covenant with God.”—Ellen G. White, Patriarchs and Prophets, pp. 371, 372.

“Through the influence of false teachers who had arisen among the believers in Jerusalem, division, heresy, and sensualism were rapidly gaining ground among the believers in Galatia. These false teachers were mingling Jewish traditions with the truths of the gospel. Ignoring the decision of the general council at Jerusalem, they urged upon the Gentile converts the observance of the ceremonial law.”—Ellen G. White, The Acts of the Apostles, p. 383.

Discussion Questions:

1 In class, go over your answer to Wednesday’s final question. In what ways might your local church or you in your own home or maybe even you with yourself be laying burdens on others (or on yourself) that are not necessary? How can we recognize whether we are really doing these things? Or might we be in danger of going too far the other way? That is, how can we recognize whether we have become too lax in our lifestyle and standards to the point where our lives don’t reflect the high calling that we have in Christ?

2 What are some of the arguments folk use to claim that the Ten Commandments are no longer binding on Christians today? How do we answer those claims? Why, on the face of it, are those claims so wrong, and why in many cases do those who make such claims not really live as though they believe the Ten Commandments are no longer binding?

3 Read again the first 12 verses in Galatians 1. Notice how uncompromising and how fervent Paul was regarding his understanding of the gospel. What should that tell us about how, at times, we must stand absolutely unwavering in certain beliefs, especially in a day and age of pluralism and relativism? How does this show that certain teachings cannot be compromised in any way?
Adventists Join the MOB

Michael Surak, an Adventist from Pennsylvania, recently joined the MOB. So did Edgar and Joycie Lao of Texas. In fact, more than 320 Adventists across North America have joined the MOB and are experiencing a fulfilling ministry.

Missionaries Of the Blind (MOB) is an arm of Christian Record Services, the Adventist church’s ministry to the blind. MOB connects Adventists across North America with the 23,000 blind and visually-impaired people who receive Braille, large print, or audio publications from Christian Record Services. Volunteers spend one or two hours a month visiting blind or visually impaired people in their communities, building friendships and praying with them.

Michael visits Carl, a 31-year-old man who has been blind since birth. “Carl has such a cheerful spirit,” Michael says. “I thought I would uplift him, but he uplifted me.”

“So many blind people receive materials from Christian Record on a regular basis,” says Pastor David Klinedinst, personal ministries director for Christian Record. “Some of them even attend our camps for the blind program. We want to reach out to the people we serve and connect them with a local Seventh-day Adventist church where they can find fellowship, friendship, and worship.”

“Most blind people are eager for a visit,” Klinedinst says. “They receive Christian Record’s materials regularly, so when visitors identify themselves as volunteers with Christian Record, they are welcome. MOB is a wonderful way to be involved in an outreach ministry and make friends for Jesus.”

Edgar and Joycie Lao had tried to start a Bible study group in Texas, but they found most people too busy to attend. Then they joined MOB. The first blind person Edgar became friends with was Raul, a bird watcher who “watches” birds with his ears. Edgar went bird watching with Raul and was introduced to other blind birders. He prayed with the group and invited them to church. Among the group of blind birders was a young woman named Gladie. Edgar offered to sign her up to receive the free books and magazines Christian Record provides. She accepted the offer and enjoys receiving the free materials. Soon Edgar invited Gladie to church, and she came, along with two of her sisters and her nephew. Gladie has since been baptized.

Your mission offerings help support the ministry of Christian Record Services.

Christian Record Services, the Seventh-day Adventist Church’s ministry to the blind and visually impaired, is located in Lincoln, Nebraska. If you would like to visit a blind person, visit mob.christianrecord.org, or call 402-488-0981.