

Jesus Ministered to Their Needs



SABBATH AFTERNOON

Read for This Week's Study: *Mark 5:22–43, 10:46–52, John 5:1–9, Ps. 139:1–13, Mark 2:1–12, Acts 9:36–42.*

Memory Text: “Jesus went through all the towns and villages, teaching in their synagogues, proclaiming the good news of the kingdom and healing every disease and sickness” (*Matthew 9:35, NIV*).

A retired Seventh-day Adventist woman in an African country did not wish to stop ministering in retirement. Her community needed healing because of the ravages of HIV/AIDS. The most urgent need was that AIDS orphans didn't have adequate nutrition. In 2002, she and her church started feeding the children in the community a solid meal six days a week. They started with 50 children and, as of 2012, were serving 300 children per day. That led them to start a preschool, and now 45 of those children are attending. Other services include distributing clothing from ADRA, sharing vegetables and maize from a garden that they maintain, and taking care of the sick. They started a skills-development program for women, who teach one another skills that help them earn a living. This demonstration of the love of Jesus spawned a new church. There were five members in the beginning, and, as of 2012, 160 were attending. God provided means for building an orphanage and a new church building in 2012.

What a powerful and practical example of how meeting the needs of the community is so important for Christians.

* Study this week's lesson to prepare for Sabbath, August 27.

Interruption for Ministry

Jesus steps off the boat on the shore near Capernaum. (See Mark 5.) His disciples are still reeling from the harrowing encounter with the demon-possessed man in Decapolis. As usual, a crowd is there to meet Him. Eager to get His attention, individuals in the throng jostle to be near Jesus. Immediately He is asked for help, this time by a ruler of a synagogue.

Read Mark 5:22–43. While Jesus was on His way to minister to the needs of this ruler of a synagogue, what interrupted Him, and how did He respond to the interruption? More important, what lessons should we take from the story for ourselves about how we react when interrupted for ministry?

Let's face it, none of us likes interruptions, do we? We are busy. We have things to do, places to go, and jobs to get done. We set goals for ourselves and want to meet those goals, sometimes within a certain time frame, as well. Interruptions can get in the way.

That's why, if someone comes with a need or with a request for help, it can be annoying if the time isn't convenient. Sometimes you just can't drop whatever you are doing. At the same time, how often could we drop what we are doing and help but don't because we simply don't want to?

Yet, often the greatest opportunities to minister to people's needs come through interruptions. Most of us try to avoid interruptions and get upset when our plans are derailed. As we look at the ministry of Jesus, we notice that some of the needs that He cared for came as interruptions, to which He lovingly responded. If we think about it, many opportunities we get for ministry come in the form of interruptions. We have already looked at the story of the good Samaritan. Who knows where he was going and what he was going to do when he got there? But he stopped anyway to minister.

Talk about an interruption!

When was the last time someone interrupted you with a need and a request for help? How did you respond?

How Can I Help You?

Read Mark 10:46–52 and John 5:1–9. In both cases, Jesus asked questions. Why would He do that?

Notice, in both cases, that Jesus asked what they wanted, even though it was obvious what they wanted. And even if it weren't, Jesus would have known what those needs were anyway.

However, by asking these questions, Jesus showed the men respect. He showed that He was listening to them and, by listening, that He cared about what they were struggling with. In how many cases do people, perhaps more than anything else, simply want someone just to talk to, someone who will listen to them? Sometimes just being able to talk about one's struggles can help a person feel better.

Consider for a moment how you would feel if you entered a doctor's office and the doctor took one glance at you, wrote out a prescription, and sent you on your way. Surely you would doubt whether this person really knew what you needed. You might say, "The doctor didn't ask me how I feel or listen to my heart or check my blood pressure or . . ." One of the cardinal rules of medical practice is "Diagnose before you treat."

The same concept applies to medical missionary work, which is focused on the well-being of people and meeting their wholistic needs. Too many churches think they already know, or they guess at what needs to be done to serve others in their community. When we put forth the effort of talking to people about their needs or the needs of the community, it lets them know we care, and it informs us how we can serve in ways that will be appreciated. Also, we will make new friends.

"Remember that you can break down the severest opposition by taking a personal interest in the people whom you meet. Christ took a personal interest in men and women while He lived on this earth. Wherever He went He was a medical missionary. We are to go about doing good, even as He did. We are instructed to feed the hungry, clothe the naked, and comfort the sorrowing."—Ellen G. White, *Welfare Ministry*, p. 162.

Most of us have no problem expressing our opinions. How can we learn to be better listeners?

The Deeper Needs

Jesus, as the Lord, knew more about the people than they knew about themselves. There are many accounts in the Gospels where Jesus showed that He not only knew what people were thinking at the present (see *Mark 2:8*)—He knew their histories as well (*John 4:18*).

Read Psalm 139:1–13. What is the Word of God telling us here?

As we saw yesterday, Jesus knew the needs of the people, and it was to those needs that He ministered. In fact, He knew even needs that went below the surface. This reality is seen in the story of the paralytic. Though it was obvious on the surface that he needed physical healing, there was something deeper there, which is why, even before telling him to take up his bed and walk, Jesus said, “Son, thy sins be forgiven thee” (*Mark 2:5*).

Read Mark 2:1–12. What was going on below the surface in regard to this man? In what ways might this deeper need be a problem for all whom we seek to minister to?

Jesus knew the issue here was more than physical. “Yet it was not physical restoration he [the paralytic] desired so much as relief from the burden of sin. If he could see Jesus, and receive the assurance of forgiveness and peace with Heaven, he would be content to live or die, according to God’s will.”—Ellen G. White, *The Desire of Ages*, p. 267.

Of course we are not going to be able to get below the surface as Jesus did. Yet, we can be sure that whomever we are ministering to, they are sin-damaged creatures. That is, whatever the other surface needs, they are also in need of grace, of assurance, of the knowledge that there is a God who loves them, who died for them, and who wants only the best for them.

Think about how much you crave the assurance of salvation and of the knowledge that God loves you. How can you help others experience that same assurance and love?

Dorcas in Joppa

Read Acts 9:36–42. What did Dorcas do in Joppa when she discovered the needs around her? In Acts 9:41, what does the phrase “the believers, especially the widows” (*NIV*) imply?

Dorcas was a disciple of action. “In Joppa there was a disciple named Tabitha” (*Acts 9:36, NIV*). Can it be said, “In [the name of your city] there are disciples named [name of your congregation]” who are “full of good works and charitable deeds” (*Acts 9:36, NKJV*)?

The “believers” are Christian church members; “the widows” may include church members as well as those who are not members. Dorcas likely served both. Your “Joppa” should be outside *and* inside your church. Consistent caring for those inside your church is also a powerful evangelistic strategy (*see Acts 2:42–47*). People outside can then say, “See how those Seventh-day Adventists love and care for one another!”

Read John 13:34, 35 and John 15:12. What is the same message in all three texts, and why is that so important for us as a church to follow? Why, though, can it sometimes be so hard to follow?

When planning to serve people outside your church, you should consider what style, or approach, you will use.

Amy Sherman describes three styles a church can use in serving its community. The first style, the *settler* style, focuses on meeting the needs of the community around your church. The woman with the HIV/AIDS ministry chose her nearby community as her “Joppa.”

The second, the *gardener* style means developing ministry ties with neighborhoods outside your church’s immediate area, as gardeners view their gardens as an extension of their homes. Sometimes several churches partner to operate a community service center outside of each of their communities. In one city, several churches ran a health food store—out of which a new church started.

The third, the *shepherd* style is serving one targeted population rather than a specific geographic neighborhood.—Adapted from Ronald J. Sider et al., *Churches That Make a Difference: Reaching Your Community with Good News and Good Works* (Grand Rapids, Mich.: Baker Books, 2002), p. 146.

The Church at Work

“Commit to the LORD whatever you do, and he will establish your plans” (Prov. 16:3, NIV).

Once your church has a clear vision of how it can minister to the community, it is important to develop a plan whereby all church departments can work together in order to make this vision a reality. Even though you may not consider yourself a “leader” in your church, you can contribute. Also, it is good for all church members to understand this process, for this is about your church’s mission to your community.

Ideally, a church strategic plan should be based on input from at least three sources: (1) input from biblical and Spirit of Prophecy principles; (2) knowledge of community needs; and (3) input from the congregation. Some churches have collected input from the congregation by holding brainstorming sessions during which all church members are invited to share their ideas and dreams for outreach and for improving their church within.

Read Luke 14:25–35. What does this passage have to do with commitment and the planning it takes to fulfill your church’s mission?

As you think about the process required to meet your community’s needs effectively, you might think: *this takes too much commitment and time*. We’d prefer to take shortcuts. The two parables warn us against taking the responsibilities of mission and discipleship lightly. They remind us that analysis and planning for our mission are essential. It’s a matter of good stewardship. The flavor of the salt in Luke 14:34 represents devotion. Without this, our service, our discipleship, is useless and meaningless. We need fervent and faithful devotion to our Lord, and if we have that, fervent and faithful devotion to ministry will follow.

What are ways that you can do more to work with your church in organizing and planning beforehand how you can reach out to your community?

Further Thought: Read Deuteronomy 15:11, Job 29:11–17, Proverbs 14:31, 19:17, Acts 3:6, James 1:27–2:5. Read Ellen G. White, “Pioneering in Australia,” pp. 327–338, in *Welfare Ministry*.

Paul, like Jesus, was involved in meeting the expressed needs of people. We can see this, for example, in the famous story of Paul at Mars Hill in Athens. In Acts 17:23, Paul, provoked by the idolatry that he saw in the city, engaged in lively discussions with the local intelligentsia and anyone in the marketplace who would talk with him. He became aware of their needs and issues. He discovered that they had an unknown God-shaped hole in their lives and that they needed to know the true God and to stop worshipping useless idols. He then began to preach in the synagogue, where both Jews and “Gentile worshipers” (*Acts 17:17, NKJV*) were. In other words, he took advantage of the opportunity he had and reached out with the gospel. Paul sought to meet them where they were, as we can see by how he talked to the people when at the synagogue and in the marketplace. The masses believed in some kind of deity, because they had built an altar to “the unknown God” (*Acts 17:23*). Working from that premise, Paul sought to point them to the God “ ‘whom you worship without knowing’ ” (*Acts 17:23, NKJV*). He even later quoted one of their own poets, who happened to have written something true: “ ‘We are also His offspring’ ” (*Acts 17:28, NKJV*). Starting from where the people were, he wanted to lead them away from their idols to the living God and Jesus, raised from the dead. In short, assessing the needs of those whom he wanted to reach, Paul then tried to help fulfill those needs.

Discussion Questions:

- 1 “He who taught the people the way to secure peace and happiness was just as thoughtful of their temporal necessities as of their spiritual need.”—Ellen G. White, *The Desire of Ages*, p. 365. What important message is given to us here in regard to why we should minister to the needs of others?
- 2 Why do we, when thinking about outreach, have to be careful not to forget what our ultimate goal is? What is that ultimate goal? Give reasons for your answer.
- 3 How can we learn to view some interruptions not as annoyances but as sacred opportunities for ministry? How does Galatians 2:20 help us in this area?

“Remember Your Faith”: Part 2

Pierre refused to be swayed by his friends urging him to study at the national university. He wanted to study at the Adventist university instead, even if it meant losing a full scholarship. “God will provide,” he told them. When Esdras and Deo realized how determined Pierre was to enroll in the Adventist university, they applied to study there, as well. They were, after all, brothers.

The boys were accepted at the Adventist university. They shared a small room in a house near the university. They pooled their money, but often didn’t have enough for proper food. Even so, sometimes they shared their meager food with others who had even less.

Esdras and Deo noticed differences between their former teachers and the staff and students at the Adventist university. The teachers at the university were personally interested in the students’ needs and shared their concerns. They counseled them and prayed with them. Prayer was not just a formality; it was the lifeblood of the school.

Pierre invited Esdras and Deo to join him at worship services on Sabbath and during the week. Larger worship services were held in an open stadium on the campus. There was no church building in which to worship, but they still went. Before long the boys began to understand why God was so important in Pierre’s life.

During a Week of Prayer at the school, Esdras and Deo gave their lives to God and were baptized. Pierre rejoices that the brothers once bound by tragedy are now brothers bound by a faith in God that is stronger than death.

Like Pierre and his friends and thousands of others who survived the genocide in Rwanda, the Adventist University of Central Africa (AUCA) has risen from the destruction as well. The government took over the original university campus, which was located in a still unstable region of Rwanda. They gave the church land on a hilltop in Kigali, the capital city, and funds to help rebuild the campus. Today, 2,200 students are studying at the university. More than half of these students are not Adventists.

The campus of AUCA continues to grow. In 2010, the first quarter Thirteenth Sabbath Offering helped to complete a church-multipurpose building on the campus. This quarter, we have the opportunity to provide funding to build a dormitory for students attending the new AUCA medical school, and an on-campus cafeteria. Thank you for your generous support of mission!

The Lesson in Brief

► **Key Text:** *Matthew 9:35*

► **The Student Will:**

Know: Learn key lessons from Jesus’ ministry that help him or her to identify and respond to needs in the community.

Feel: Be inspired to follow Jesus’ example of not only proclaiming the good news but also showing the “personal touch” in caring for people’s needs.

Do: Determine to find ways to be a blessing to the community and, with the spiritual gifts God has given, minister to people’s needs.

► **Learning Outline:**

I. Know: Seeing the Need

A Why didn’t Jesus just preach the good news of salvation? Why was it so important for Him to also spend so much time healing the sick?

B How is the Seventh-day Adventist approach to mission shaped by our church’s emphasis on the “whole person” and rejection of the idea of a separate soul?

II. Feel: Feeling the Need

A When blind Bartimaeus called out to Jesus, the disciples and others rebuked him (*Mark 10:48*). How do you think this made him feel? How did he have the courage to keep calling out to Jesus?

B Bartimaeus knew his own need—it was obvious. What needs do we feel require the Master’s touch?

III. Do: Helping Those in Need

A In your prayers this week, ask God to help you identify someone who is in need whom you can help.

B Ask God to open your eyes to “hidden” needs. Sometimes we think mainly in terms of physical needs—those who are sick, poor, or hungry. How can we be more attuned to the needs of those who may be physically well off, yet who are depressed, discouraged, or lonely?

► **Summary:** While Jesus spent much of His time preaching and teaching, He knew that people’s spiritual needs were closely connected to their physical and mental needs. Effective ministry today must follow Christ’s example and care for the whole person—physically, mentally, and spiritually.

Learning Cycle

►STEP 1—Motivate

Spotlight on Scripture: *Matthew 9:35*

Key Concept for Spiritual Growth: One of the most notable characteristics of the Christian church from its earliest days has been the way it has cared for the needy in the community. Ministering to the needs of people is not some sort of optional extra; it is at the heart of our calling as Christ’s followers.

Just for Teachers: Take the opportunity to talk with your class about the rich legacy of Seventh-day Adventist missionaries who have gone to great lengths to minister to the needs of people. Use this as a springboard to discuss how we today, in our own spheres of influence, can follow in their footsteps.

Opening Discussion: In 1902, Harry and Maude Miller graduated as medical doctors from what is today Loma Linda University. They both felt an irresistible calling to go as medical missionaries to China.

Both were elite graduates and faced the lure of fame and fortune in the United States. But they were ready to leave it all behind to live and work among China’s poor. Dr. Harry Miller ended up devoting 50 years of his life in China, and he became deeply loved by the people of that vast country.

Dr. Miller was friend and physician to General Chiang Kai-Shek, leader of the Republic of China, and his wife, Mao. But he also, at times, lived among the poor in a “beggar’s den”—a hut open to mosquitoes and lice. He cared for the aristocracy and also knelt by the beds of the poor. He performed highly skilled surgery but also spent countless hours working on a viable formula for soy milk—because he was concerned about babies dying from allergies and malnutrition.

Consider This: Although we may never be as skilled as Dr. Harry Miller, or privileged with such dramatic experiences, God has given each of us spiritual gifts to be used in His service. Prayerfully consider how you can be a blessing to someone this week.

►STEP 2—Explore

Just for Teachers: Jesus directed His ministry toward people’s needs—those areas of their life where they were most vulnerable

and most open to His loving touch. In our ministry we are called to follow Jesus' example, connecting with people at the heart of their needs.

Bible Commentary

I. Taking Our Infirmities (Review with your class Matthew 8:17, 9:35, and Isaiah 53:4.)

In previous lessons we have seen how as soon as Jesus came down from the mount of blessing, He put His wholistic ministry into practice. He mingled and showed sympathy, and in this lesson we study the way He ministered to needs. Matthew summarizes Jesus' down-from-the-mountaintop ministry in this week's memory text (*Matt. 9:35*).

In a flurry of activity immediately before this verse—in the space of just two chapters—we see Jesus heal:

1. A leper (*Matt. 8:3*)
2. The centurion's servant (*Matt. 8:13*)
3. Peter's mother-in-law (*Matt. 8:15*)
4. Demon-possessed people (*Matt. 8:16, 28–34*)
5. A paralyzed man (*Matt. 9:1–7*)
6. The hemorrhaging woman (*Matt. 9:22*)
7. A ruler's daughter (*Matt. 9:25*)
8. Two blind men (*Matt. 9:29, 30*)
9. A mute man (*Matt. 9:33*)

In the middle of it all, He saves a boatload of disciples caught in a storm on the brink of drowning (*Matt. 8:23–27*).

After Jesus heals Peter's mother-in-law, He is kept busy into the night, casting out demons and healing the sick. Matthew makes a fascinating explanatory comment. He says that in doing these things, Jesus was fulfilling the words of the prophet Isaiah: “ ‘He Himself took our infirmities and bore our sicknesses’ ” (*Matt. 8:17, NKJV*).

These words are taken from the famous prophecy of Isaiah 53, which mainly prefigures Jesus' death on the cross (*Isa. 53:4*). In fact, when this chapter is referred to elsewhere in the New Testament, it is always within the context of the Crucifixion (*see, for example, Luke 22:37 and Heb. 9:28*). But here Matthew emphasizes that before His death, Jesus was busy caring for people—not just their spiritual infirmities. He took on their physical sicknesses, as well.

Consider This: How does the Adventist emphasis on the importance of ministering to both the soul and the body influence the way we do our mission?

II. Opening Blind Eyes *(Review with your class Mark 10:46–52.*

Immediately before His triumphal entry into Jerusalem, Jesus, His disciples, and a large crowd stop at Jericho. Here Jesus sees, sitting beside the roadside, a blind man by the name of Bartimaeus. As soon as Bartimaeus hears that Jesus of Nazareth is passing by, he calls out, “ ‘Jesus, Son of David, have mercy on me!’ ” Jesus’ disciples rebuke the man and tell him to be quiet. But that makes him shout all the more, “ ‘Son of David, have mercy on me!’ ” *(Mark 10:47, 48, NKJV).*

According to William Barclay, the first time Bartimaeus calls out it’s just a normal shout to gain attention. The second time, however, Luke uses a different Greek word for “shout,” indicating that he gives “the instinctive shout of ungovernable emotion, a scream, an almost animal cry.” It’s the cry of “utter desperation.” *(William Barclay’s Daily Study Bible, “Luke 18,”* <http://www.studylight.org/commentaries/dsb/view.cgi?bk=lu&ch=18.>)

It’s in the depths of our desperation that Jesus is most able to bring about restoration and salvation. Most of us would be embarrassed to cry out for mercy in front of hundreds of people. But Bartimaeus wasn’t concerned at all. He was already fully humbled—treated as an outcast and despised. He had nothing to lose.

Bartimaeus hears the halt of Jesus’ footsteps and then His wonderful voice ask, “ ‘What do you want Me to do for you?’ ” *(Mark 10:51, NKJV).* This question may seem strange. Can’t Jesus read Bartimaeus’s mind? And in any case, isn’t it obvious what he wants? Yet, it seems that there’s something significant in our actually telling God that we need Him. Jesus wanted Bartimaeus to actually say the words as an act of faith in Him to provide what was needed.

And so Bartimaeus replies, “ ‘Rabbi, I want to see’ ” *(Matt. 10:51, NIV).* Then come the marvelous words that the blind man would never forget for the rest of his life: “ ‘Receive your sight; your faith has healed you’ ” *(Luke 18:42).* Immediately his eyes were opened and his world transformed. There was only one thing he could do—he “followed Jesus, praising God” *(Luke 18:43, NIV).*

Consider This: The disciples tried to silence Bartimaeus when he shouted out to Jesus. What “voices” try to silence people from calling out to Him today?

■ *Jesus asked Bartimaeus what he wanted Him to do. How can we best discover the needs of people in our community?*

►STEP 3—Apply

Just for Teachers: When Kristina Muelhauser served as a missionary

in Africa, she looked for every opportunity she could find to minister to people's needs. This extended even to the type of bus ride she chose for a nine-hour trip. One option was an old overcrowded bus line that had been transporting passengers cheaply for years. Another was a sleek new line with soft-cushioned seats, music, and a uniformed driver. "I chose the first bus, because there are so many more opportunities to help people and touch others' lives," she says. "I am able to share the discomforts and troubles of others, filling my heart with joy." Share this story with your class and then discuss the following thought questions.

Thought Questions:

- ❶ Kristina Muelhauser described it as a "joy" to "share the discomforts and troubles of others." What does she mean by this? How can it be a joy to be so uncomfortable?
- ❷ What avenues for outreach are opened when we remove barriers between ourselves and the people we're trying to help? How important is it to "walk in someone else's shoes" rather than dispensing aid from a position of "superiority"?
- ❸ What are some attitudes or assumptions we may have about ourselves and about other people that are incompatible with Christ's method of ministering to needs?

►STEP 4—Create

Just for Teachers: In today's activity, focus on how we as a church can better minister to needs. Encourage open discussion but also ask members to give scriptural support for their views wherever they can. End the class with a season of prayer, focusing on the opportunities for service you have identified.

Activity: Today's activity is a general discussion about needs in the community. Following is a suggested structure for the discussion:

1. List five or six of the most basic human needs. What is the difference between needs and wants? What human needs did Jesus minister to?
2. What needs does your church currently minister to? Are these the needs of church members or the community—or both? Explain.
3. What are the main needs of people in your local community?
4. In your church family, what talents and spiritual gifts are there that could help minister to these needs?