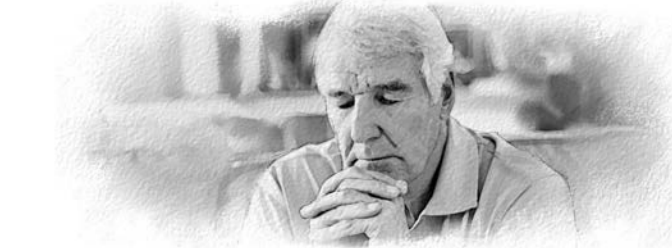


# Prayer Power: Interceding for Others



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## SABBATH AFTERNOON

**Read for This Week's Study:** *Rev. 12:7–9, Eph. 6:12, Heb. 7:25, Eph. 1:15–21, Dan. 10:10–14, 1 John 5:14–16.*

**Memory Text:** “Confess your trespasses to one another, and pray for one another, that you may be healed. The effective, fervent prayer of a righteous man avails much” (*James 5:16, NKJV*).

**T**he New Testament church members felt their need of prayer. “And when they had prayed, the place where they were assembled together was shaken; and they were all filled with the Holy Spirit, and they spoke the word of God with boldness” (*Acts 4:31, NKJV*). Notice the disciples prayed. They were filled with the Holy Spirit, and then they spoke the Word of God with boldness, or confidence.

There was a direct relationship between their prayers, the infilling of the Holy Spirit, and powerfully proclaiming God's Word. “The disciples . . . did not ask for a blessing for themselves merely. They were weighted with the burden of the salvation of souls. They realized that the gospel was to be carried to the world, and they claimed the power that Christ had promised.”—Ellen G. White, *The Acts of the Apostles*, p. 37.

When we seek God and intercede for others, God works in our own hearts to draw us closer to Him and gives us divine wisdom to reach them for His kingdom (*James 1:5*). He also works powerfully in their lives in ways we cannot see or even fully understand to draw them to Himself (*1 John 5:14–17*).

\* Study this week's lesson to prepare for Sabbath, July 25.

## A Cosmic Struggle

**Compare** Revelation 12:7–9, Ephesians 6:12, and 2 Corinthians 10:4. How do these passages influence our understanding of intercessory prayer?

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The Bible lifts the veil between the seen and the unseen world. There is a struggle between good and evil, between the forces of righteousness and the forces of darkness, between Christ and Satan. In this cosmic conflict, God respects human freedom. He will never manipulate the will or coerce the conscience. He sends His Holy Spirit to convict men and women of divine truth (*John 16:7, 8*). Heavenly angels enter the battle to influence people for eternity (*Heb. 1:14*). God also arranges providential events in people’s lives to lead them to Himself.

What God will not do is coerce the conscience. Force is contrary to the kingdom of God. Coercion is alien to the principle of love, which is the foundation of His government. Here is where prayer is so significant. Although God is doing everything He can to reach people before we pray, our prayers unleash the mighty power of God. He respects our freedom of choice in praying for another, but He can do more in behalf of others when we pray for them than if we did not.

Consider this statement carefully: “It is a part of God’s plan to grant us, in answer to the prayer of faith, that which He would not bestow did we not thus ask.”—Ellen G. White, *The Great Controversy*, p. 525. In the great controversy between good and evil, prayer makes a difference. When we pray for someone who does not know Christ, it opens channels of divine blessing to flow into their lives. God honors our choice to pray for them and works even more powerfully in their behalf.

In dealing with the subject of intercessory prayer, we should humbly acknowledge that we do not understand God’s workings fully, but this should not keep us from continually entering into the blessings prayer offers for ourselves and for others.

**Why do you think God works more powerfully when we pray than when we neglect prayer? Even if we don’t fully understand how it all works, why should the Bible’s admonition to pray for others impel us to do just that?**

## Jesus: The Mighty Intercessor

**Read** Luke 3:21, Luke 5:16, and Luke 9:18. What do these texts tell you about the relationship between Jesus' prayer life and His effectiveness in ministry?

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Jesus' life was one of constant divine communion with His Father. At the time of His baptism, when He launched His Messianic ministry, Jesus prayed for divine power to accomplish heaven's purpose. The Holy Spirit empowered Him to do the Father's will and accomplish the task before Him. Whether it was at the feeding of the five thousand, the healing of the leper, or the deliverance of the demoniacs, Jesus recognized that, in the battle between good and evil, prayer is a mighty weapon to beat back the forces of hell. Prayer is a heaven-ordained way of combining our helplessness and weaknesses with God's omnipotent power. It's a means of having ourselves lifted up toward God, who alone can touch the hearts of those for whom we pray.

**Read** Luke 22:31–34 and Hebrews 7:25. What assurance did Jesus give to Peter to prepare him for the temptations he would face in the near future? What assurance does He give to each one of us as we face temptations?

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Effective soul winners are men and women of prayer. Jesus prayed for Peter by name. He reassured Peter that at the time of his greatest temptation, He would be praying for him. Satan understood quite well Peter's potential for the advancement of the kingdom of God. He planned to do everything possible to destroy Peter's positive influence in the Christian church. But through all of these temptations, Jesus was praying for Peter, and the Master's prayers were answered. What a thrilling reality to recognize that the Savior is praying for us too. He invites us to join Him in this work of intercessory prayer and lift up others by name before His throne.

Our persistence in prayer acknowledges that we recognize our total, absolute dependence on God to reach the individual for whom we are praying.

**Whom are you praying for now? Why is it so important never to give up, no matter how difficult the situation appears?**

## Paul's Intercessory Prayers

Intercessory prayer is biblical. Throughout his ministry, Paul prayed for the new converts in the churches that he established through his evangelistic ministry. Paul believed that something happened when he prayed that would not happen if he did not pray. Although he was separated from those he loved, he recognized that they could be united in heart as they prayed for each other.

**Read Ephesians 1:15–21. On the lines below, list the different requests Paul made to God for the Ephesians. What did he specifically ask God to give them?**

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Paul's prayer for the Ephesian believers is remarkable. He prayed that God would give them wisdom and spiritual discernment, that He would enlighten their minds with divine truth, and give them the hope of eternal life. He also prayed that they would experience the mighty working of God's power in their lives. This God is so powerful, so mighty, that He raised Jesus from the dead, an event that forms the foundation of their hope of eternal life in Him. His prayer concludes by reminding the believers of the "riches of Christ's glory" and "His inheritance." The Ephesian Christians must have been filled with encouragement, knowing that Paul was praying for them and knowing what he was praying about.

**Read Philippians 1:3–11 and note the tone of Paul's prayer. If you were a Philippian church member and received a letter like this from Paul, sharing with you not only that he was praying for you but also the content of his prayer, how would you feel, and why? What promises are found in its words? At the same time, what admonitions are there, as well?**

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These are some of the most uplifting and encouraging words in the Bible. They are filled with promises, as well as calls to be filled with love, knowledge, and discernment that come from knowing Jesus so that we can be all that God intends us to be in Him.

## Unseen Powers at Work

Intercessory prayer is a mighty weapon in this battle between good and evil that we call “the great controversy.” One of the clearest revelations of this struggle is in Daniel 10.

You will recall that the prophet Jeremiah predicted that the Jews would be in bondage to the Babylonians for 70 years. At the end of Daniel’s life, this prophetic period of the Jewish captivity was coming to an end. Daniel was concerned. He saw little evidence of the fulfillment of Jeremiah’s words. His people were still in bondage.

Babylon was overcome by the Medes and Persians, but the Jews still remained in bondage. Daniel fasted and prayed for three weeks. He earnestly interceded for his people. At the end of the three weeks, a glorious angelic being appeared to him.

**Read Daniel 10:10–14. When were Daniel’s prayers heard, and what temporarily hindered them?**

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This is a fascinating passage. To understand it fully, let’s identify some of the characters. Who is the prince of the kingdom of Persia? Certainly not Cyrus. He is the king of the Persian Empire. It is most likely that the expression “the prince of the kingdom of Persia” represents Satan. Jesus called him “the prince of this world” or “the ruler of this world” (*John 12:31, John 14:30*). Paul labeled him “the prince of the power of the air” (*Eph. 2:2*). If the prince of Persia represents Satan, then who is Michael? The name “Michael” is used five times in the Bible (*Rev. 12:7; Jude 9; Dan. 10:13, 21; and Dan. 12:1*). A careful study of these passages reveals that Michael (which means “Who is like God?”) is another term to describe Jesus as the Commander of all the angels in direct combat with Satan. Christ is the eternal, preexistent, all-powerful, divine Son of God. One of His functions as Commander of all of the angels is to defeat and eventually destroy Satan.

Daniel 10 draws the curtain aside and reveals this struggle between good and evil. As Daniel prays, Michael, the almighty Jesus, descends from heaven to beat back the forces of hell. Although we may not see it, Jesus is at work to answer our prayers of intercession, as well. He is a mighty Savior. Not one of our prayers goes unnoticed.

**How do you see the reality of the great controversy playing out in your own life? What should the reality of this battle tell you about the kind of choices you need to make?**

## Prayer Focus

Throughout the Bible, there is an emphasis on specificity in prayer. Prayer is not some vague longing of the soul. It presents God with specific requests. Jesus prayed specifically for His disciples. The apostle Paul prayed very specifically for the Ephesian, Philippian, and Colossian Christians. He prayed for his young colleagues, such as Timothy, Titus, and John Mark.

**Read 1 Samuel 12:22–24 and Job 16:21. What do these two passages have in common? What do they tell us about intercessory prayer?**

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Both Samuel and Job emphasize the need for earnest, heartfelt, specific intercession. Samuel's words are quite strong. He cries out, " 'Far be it from me that I should sin against the LORD in ceasing to pray for you' " (*1 Sam. 12:23, NKJV*). We can almost hear the echo of Samuel's prayer in Job's words, " 'Oh, that one might plead for a man with God' " (*Job 16:21, NKJV*). Pleading with God for men and women who do not know Christ is our work.

**Read 1 John 5:14–16. What happens when we intercede for others?**

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When we pray for others, we become a channel of God's blessing to them. He pours out the river of the water of life from heaven's throne through us to them. Satan's whole host trembles at the sound of earnest intercession. Ellen G. White describes the power of prayer in these significant words: "Satan cannot endure to have his powerful rival appealed to, for he fears and trembles before His strength and majesty. At the sound of fervent prayer, Satan's whole host trembles."—*Testimonies for the Church*, vol. 1, p. 346. Prayer connects us with the Source of divine power in the battle for the souls of lost men and women.

**Read Matthew 18:18, 19. What relationship does this passage have to intercessory prayer, and how is this passage an encouragement to pray with others for the salvation of those who don't know the Lord?**

**Further Thought:** Read Ellen G. White, “The Privilege of Prayer,” pp. 93–104, in *Steps to Christ*; “Work for Church Members,” pp. 19–24, in *Testimonies for the Church*, vol. 7.

When we pray for others, God honors our commitment to Him and our dependence on His power by employing all of the resources of heaven to transform human lives. As our prayers ascend to His throne, angelic beings spring into action at His command. “Ministering angels are waiting about the throne to instantly obey the mandate of Jesus Christ to answer every prayer offered in earnest, living faith.”—Ellen G. White, *Selected Messages*, book 2, p. 377. We have the assurance that not one prayer is lost, not one is forgotten by God. They are stored up in heaven to be answered at the time and place that He knows best. “The prayer of faith is never lost; but to claim that it will be always answered in the very way and for the particular thing we have expected, is presumption.”—Ellen G. White, *Testimonies for the Church*, vol. 1, p. 231. What encouragement this gives us as we intercede for our spouses, our sons and daughters, relatives, friends, and work associates who do not know Christ. Not one sincere prayer is ever lost. We may not always see immediate answers in those we pray for, but God is moving upon their hearts in ways we will know only in eternity.

### Discussion Questions:

- 1 Read **Philippians 1:19**; **Colossians 4:2, 3**; and **2 Thessalonians 3:1, 2**. During his imprisonment, what assurance did Paul have because of the Philippians’ prayers? What did he ask the Colossians and Thessalonians to pray for in his behalf? What relationship do these intercessory prayer requests have to soul winning?
- 2 Dwell on the reality of the great controversy and the fact that it forms the grand narrative behind the world that we live in. How does your knowledge of this controversy help you realize the importance of prayer? Yes, Jesus won the war, and we know that His side wins in the end. But in the meantime, why is it so important that we be praying and seeking to do all that we can to stay faithful to Him and to work for the salvation of others?
- 3 What are some of the hindrances to a more effective life of intercessory prayer? What kind of excuses do you use (if you do) to get out of praying more for others who need it?

## Faithful Soldier in Poland

By SLAWOMIR PACEK

When the Polish military phased out MiG-21s for newer jets, I had the opportunity to leave my job as a mechanic for a new career.

I chose to work as an air traffic controller and took intensive classes for six months. But when I graduated, an eye doctor disqualified me, saying my vision wasn't good enough.

Sadness overwhelmed me, and I prayed, "Why, God?"

I ended up doing odd jobs around the military base. The work left me with plenty of downtime, and I spent hours reading the Bible. A desire to know God grew within me.

At home, my wife, Aneta, joined me in reading the Bible. We noticed that several passages didn't agree with what we had learned in our church. We read that the dead sleep in the ground, not in heaven or hell, and that the seventh day is the Sabbath.

One Saturday, Aneta and I decided to visit an Adventist church. We resolved to walk out immediately if we heard anything that disagreed with the Bible. We have never left.

A pastor gave us Bible studies, and I knew it was only a matter of time until I left the military. I could not keep the Sabbath and serve at the same time. But no Sabbath trouble arose. It was easy to trade Sabbath work shifts with other soldiers.

After several years, an opportunity came to be promoted to the position of leader of a mobile radar unit. I spoke openly with my commander about my faith and how I had been keeping the Sabbath.

The commander was surprised. "Why didn't you tell me that you were trading shifts with your friends?" he asked. "As long as I'm in charge, you will be free every Saturday."

Word about my faith spread, and soldiers came to me with spiritual questions. But the impact of my faith only became clear when I prepared to retire after 29 years in the military.

A commander called me to his office for a private talk.

"I've started to read the Bible," he said. "I have some questions for you."



Looking back, I understand why God shut the door to the job of air traffic controller. If I had taken it, I would not have had time to study the Bible. I would not have been able to trade shifts to take off the Sabbath. I would not have been able to share my faith with so many soldiers.

Not everything went according to my plans, but God's plans are the best.



**Key Text:** *1 John 5:14–16*

**Study Focus:** *Revelation 12:17, Hebrews 7:25, Daniel 10:10–14.*

## ***Part I: Overview***

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In the great controversy between good and evil, intercessory prayer is a powerful weapon (*Rev. 12:7–9; 2 Cor. 10:4, 5*). Prayer is not some pious platitude to make us feel warm inside. It is as Ellen G. White says, “the opening of the heart to God as to a friend.”—*Steps to Christ*, p. 93. It is sharing with God our joys and sorrows, our struggles and victories, and our dreams and disappointments. It is in prayer that we connect with God on the deepest level. It is through intercession that we engage in spiritual warfare and plead with the Almighty for the salvation of people whom we care about.

God is doing everything He can to reach people without our prayers, but He is gracious and will never violate their freedom of choice. Our prayers make a difference because there are ground rules in the conflict between good and evil. One of the eternal laws of the universe is that God has given to every human being the freedom of choice. Demons cannot force us to sin, and all the heavenly angels would never coerce us to do right. God voluntarily limits Himself by our choices. He does not use force to motivate us to serve Him.

When we pray for someone else, it opens our hearts to divine influences. God gives us wisdom and skill to reach that other person. In addition, our prayers open doors of opportunity for God to work more powerfully in the lives of others. He respects our freedom of choice and pours His Spirit out through us to influence them for His kingdom. He releases the powers of heaven in their behalf. Our prayers become the channel God uses to powerfully influence others for eternal life.

## ***Part II: Commentary***

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One of the most powerful passages in the Bible on intercessory prayer is found in *1 John 5:14–16*. The passage begins with the assurance that God hears our prayers. “Now this is the confidence that we have in Him, that if we ask anything according to His will, He hears us” (*1 John 5:14, NKJV*). The word “confidence” means strong assurance. It conveys a sense of certainty. Confidence is the opposite of doubt and uncertainty. Notice that our confidence is not in our prayers. It is in the God who answers our prayers. God’s promise to answer our prayers is not without conditions.

When our will is molded by God's will and becomes one with His will, we can have the absolute assurance that He will hear us. It is always God's will to forgive our sins. It is always God's will to give us victory over the power of evil. It is always God's will to give us the gift of His salvation, and it is always God's will to lead those for whom we are praying to a knowledge of His Word.

By faith we believe that God's promises are true. By faith we believe that He will answer our prayers. By faith we believe that He is working in ways we cannot see, and certainly do not fully understand, to save those for whom we are praying. First John 5:16 is one of the most enlightening verses in all the Bible on what happens when we pray. It draws the curtain aside and gives us a glimpse of God's divine activity through our prayers. "If anyone sees his brother sinning a sin which does not lead to death, he will ask, and He will give him life for those who commit sin not leading to death" (*NKJV*). Here John lists two kinds of sins—the sin that leads to death and the sins that do not lead to death.

Most Bible scholars understand the sin that leads to death as the unpardonable sin. John does not encourage us to pray for that sin. He does, however, encourage us to pray for individuals who have not committed the unpardonable sin. As we ask God to save them, He gives us "life for those who commit sin not leading to death."

What does it mean that God gives to the praying one, the intercessor, life for others? *The SDA Bible Commentary* suggests that "Christ shall give the praying Christian life to pass on to those sinners who have not finally hardened their hearts. . . . The Christian has no power apart from the Saviour; so, in the end, it is Christ who gives the life, though the intercessory prayer may have been the instrument through which that life has been granted."—Volume 7, p. 678. Our prayers become the channel for the very life of God to flow to hearts longing for salvation.

Under the inspiration of the Holy Spirit, Ellen G. White declares the efficacy of intercessory prayer in two remarkable statements: "It is part of God's plan to grant us, in answer to the prayer of faith, that which He would not bestow did we not thus ask."—*The Great Controversy*, p. 525. "Ministering angels are waiting about the throne to instantly obey the mandate of Jesus Christ to answer every prayer offered in earnest, living faith."—*Selected Messages*, book 2, p. 377.

As our prayers ascend to the throne of God, Jesus commissions heavenly angels to instantly descend to earth. He empowers them to beat back the forces of evil that are battling for the mind of the individual for whom we are interceding. The individual has the freedom to choose Christ or Satan. Our prayers do not force or manipulate the will. They do provide the best opportunity for the individual to see the issues clearly and give him or her the greatest advantage to choose eternal life.

## Jesus' Prayer Life

The Gospels detail in quite specific terms the prayer life of Jesus. One facet of Jesus' life that stands out in bold relief is the time He spent alone with God in prayer. Luke states it this way: "So He Himself often withdrew into the wilderness and prayed" (*Luke 5:16, NKJV*). In chapter 9, Luke adds, "And it happened, as He was alone praying" (*Luke 9:18, NKJV*). Matthew describes several times that Jesus withdrew from the crowds to pray, including during the greatest trial of His life. The destiny of the world trembled in the balance. Jesus pled with God in Gethsemane for strength to face the enormous challenge ahead (*Matt. 26:36–39*).

Mark's Gospel begins with a precise description of Jesus' prayer life. After a Sabbath of hectic activity in Capernaum, early the next morning Jesus "went out . . . into a solitary place, and there prayed" (*Mark 1:35*). There are three things to note about the specifics of Jesus' prayer life. First, He had a time to pray. Often, He arose early in the morning to spend time alone with God in the quietness. Second, He had a place to pray. Jesus had His favorite spots where He could commune with the Father away from the activity of the crowds that so commonly pressed Him. Third, Jesus' secret prayers were not necessarily silent prayers. Three times in the Gethsemane prayer Matthew's Gospel records that Jesus fell on His face "saying" (*Matt. 26:39, 42, 44*). The book of Hebrews records that Jesus "offered up prayers and supplications, with vehement cries and tears to Him who was able to save Him from death, and was heard because of His godly fear" (*Heb. 5:7, NKJV*).

On one occasion, the disciples heard Christ praying and were so moved by His personal prayers that they requested that He teach them to pray (*Luke 11:1*). Ellen G. White adds this insightful statement: "Learn to pray aloud where only God can hear you."—*Our High Calling*, p. 130. Some people are concerned about praying out loud because they are afraid that Satan will hear them and know what they are praying about. They reason that because Satan cannot read our thoughts, it is better to pray silently. Praying silently in our minds is certainly appropriate. One of the challenges, though, is that our minds begin to wander.

There is something special about praying out loud that keeps us focused. When we have a time to pray, are in our prayer spot, and pour out our hearts to God aloud, our prayer life becomes much more meaningful. We don't have to worry about Satan hearing our prayers because "at the sound of fervent prayer, Satan's whole host trembles."—Ellen G. White, *Testimonies for the Church*, vol. 1, p. 346.

When we earnestly pray for others, our prayers unite with Christ's prayers, our mighty Intercessor, at the throne of God. He immediately

employs all the resources of heaven to positively influence the ones we are praying for. Jesus prayed for Peter by name. He prayed that Peter would experience a deep conversion. Jesus' prayers were answered, and Peter became the mighty preacher of Pentecost.

The apostle Paul prayed for the Ephesian, Colossian, and Philippian churches by name. He also often prayed for his companions in the gospel by name. They were in his heart and on his lips in prayer. Along with Jesus, the apostle Paul interceded for those with whom he labored and those for whom he labored.

Arguably one of the great giants of the Old Testament was Daniel. His intercession for Israel is recorded in both Daniel 9 and 10. His heartfelt prayers are an example to the church today of the power of intercession. Throughout Scripture, intercessory prayer is biblical. Intercessory prayer is powerful. Intercessory prayer is part of God's plan to transform our own lives and reach lost people.

### ***Part III: Life Application***

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Would you like to have a more vibrant prayer life? Would you like to become a mighty intercessor for God? Here are a few practical steps you can follow.

- 1. Set aside a specific time and place to seek God for the salvation of others.**
- 2. Ask God to impress you with the name of the one for whom you should pray. Spend time thinking of those within your sphere of influence who need your prayers. The Holy Spirit will impress you with who is going through a spiritual struggle and who most needs to be prayed for that day.**
- 3. Make a list of those you are impressed to seek God for. Follow the method of Jesus and pray for them aloud by name.**
- 4. As you seek God in prayer, invite others to join you in your times of intercession. Jesus invited Peter, James, and John into His inner circle for times of earnest prayer. Praying together with others is a powerful method of staying focused in prayer. According to Matthew 18:18, 19, when two or three people pray unitedly, God hears and pours out His special blessing. In the seventh volume of *Testimonies for the Church*, Ellen G. White poses this thought-provoking question, "Why do not believers feel a deeper, more**

